

SOUL TIES: HEALING AND FREEDOM

Seven prayer priorities | Freedom from unhealthy attachments and growth in godly love

PRAYER PRIORITY	WHAT TO PRAY FOR	SCRIPTURE SUPPORT
1 Freedom and identity in Christ	Ground our identity in Christ; free us from controlling attachments.	“the Son makes you free” John 8:36; Galatians 5:1
2 Discernment of relational influences	Help us recognise unhealthy bonds; discern influences and guard our hearts.	“Keep your heart with all diligence” Proverbs 4:23; 1 Corinthians 15:33
3 Repentance and forgiveness	Lead us to turn from sinful patterns; help us forgive and release bitterness.	“He is faithful and just to forgive us” 1 John 1:9; Ephesians 4:31-32
4 Healing from hurt and past relationships	Heal grief, betrayal and rejection; restore dignity and hope after hurt.	“He heals the brokenhearted” Psalms 147:3; Psalm 34:18
5 Renewed thoughts and emotional freedom	Renew thoughts shaped by past hurt; teach us to dwell on truth and hope.	“the renewing of your mind” Romans 12:2; Philippians 4:8
6 Wise boundaries and protection	Give courage to set wise boundaries; protect us from abuse and manipulation.	“Love does no harm to a neighbor” Romans 13:10; Proverbs 22:3
7 Healthy bonds and faithful love	Build caring, trustworthy relationships; grow mutual respect and faithful love.	“put on love” Colossians 3:12-14; Proverbs 13:20

Here, “soul ties” refers to relational attachments, not literal bonds between souls.

Forgiveness does not require renewed contact or tolerating abuse. Seek healing with truth, support and safety.